

4. My Golden Bear

A four couple 32 bar "rolling" jig.

Bars:

- 1 - 4 1st couple cross right hand and cast off one place, 2nd couple step up on 3 and 4. Similarly 4th couple cross right hand and cast up one place, 3rd couple step down on 3 and 4.
- 5 – 8 2nd couple and 1st couple dance four hands across, finishing with 1st lady facing 2nd man and 1st man immediately behind her. Similarly 4th couple and 3rd couple dance four hands across, finishing with 4th man facing 3rd lady, and 4th lady immediately behind 4th man.
- 9 – 16 1st couple and 4th couple dance "corners pass and turn in (lead change) tandem".

To wit:

- 9 – 12 While 2nd man and 3rd lady turn right hand and return to places, 1st couple dance out to 1st man's place, with lead change, so that 1st man is in front of 1st lady on bars 11 and 12. Similarly for 4th couple so that now the 4th lady is leading.
- 1st couple and 4th couple will pass collective right shoulder to dance into the bars 13 to 16, finishing 1st man (with 1st lady behind) facing 3rd man who is in 4th place, and similarly 4th couple finish facing 1st lady's place.
- 13-16 Repeat this with 2nd lady and 4th man, again lead changing.
 1st couple and 4th couple will again pass collective right shoulder (1st lady and 4th man leading). 1st couple will be in second place in from the sidelines and 4th couple in third place similarly flowing into
- 17 – 20 1st couple and 4th couple dance four hands across. At the end 1st couple finish with nearer hands joined facing up and similarly 4th couple down.
- 21 - 24 1st couple dance up between 2nd couple and cast into second place on own sides, similarly 4th couple dance down between 3rd couple and cast up into third place, all on own sides.
- 25 – 32 1st couple and 4th couple dance a chain progression.
- Finishing order 2, 4, 1, 3. Repeat from new positions.

Devised by Rod Downey 5 August 2016.

For my wife Kristin, my bear, for her 60th birthday; especially in appreciation of her work in Johnsonville's "golden" year.

Recommended music is "*Dovecote Park*" by James Braidwood played ABAB. Unfortunately there is no recorded music of this tune in the correct form. Thus for recorded music I suggest "*Mrs Seller's Favourite*" by Charles Grant which is the lead tune for "Off She Goes to the North", and either the recordings of David Anderson and his S.D.B (Highlander Music Vol.8) or Colin Dewar (Music for Book 18) or (best of all) Stan Hamilton (Memory Lane) would be appropriate. The music needs to be very steady to enable the central figure.