

SPRING CHICK WALTZ MIXER

A (simple) 16 bar waltz sequence suitable for beginning a ceilidh style night. Begin facing partner with both hands joined in extended open hold. (That is, arms at shoulder height.) Men begin on left foot, and ladies right. Line of dance (LOD) is anti-clockwise. All are in a large circle man with backs to centre. Description of steps below is for the man, the ladies mirror.

1-2 Step LF along LOD, and close RF to LF (taking weight on RF count “and 1”). Repeat along LOD.

3-4 Man repeats 1-2, while lady turns under man’s raised LF. Finish with weight on LF, lady on RF.

5-8 Repeat 1-4 against LOD, man using RH for the lady’s turn. Finish again in open hold with weight on RF.

9 Step LF along LOD, and swing RF across in front of LF.

10 Step RF against LOD and swing LF across in front of RF.

11-12 Individual outward turns (M pulling back LS) progressing along LOD. Finish with weight on LF.

13 Step RF against LOD and swing LF across in front of RF.

14 Step LF along LOD, and swing RF across in front of LF.

15-16 Individual outward turns (M pulling back LS) lady progressing against LOD. But man turns on the spot so that each finishes with a new partner. Man finishes with weight on RF. Lady on LF.

Notes Devised 14/11/2020 for a ceilidh mixer for our upcoming “spring fling” celidh. Some of our dancers don’t like doing standard waltz turns so I deliberately left them out. Recommended music is “The Cuckoo Waltz” (if at all possible), or other suitable 16 bar waltz sequence played at around 48 bars per minute. I used the recording of Will Starr from “Will Starr the Early Years”, suitably slowed.