

NGAIO GOLD

(32 Bar Strathspey for 5 couples)

Bars

- 1-4) Five right hands across – 3rd lady with 1st and 2nd couples ALSO 3rd man with 4th and 5th couples
- 5-8) Five hands round – return by the right to original positions
- 9-10) 1st with 2nd ALSO 5th with 4th couples – half turn on the side
(1st and 5th come in to begin the turn and finish back-to-back with Partner in 2nd or 4th position facing own side)
- 11-12) All setting **UP** – All ladies, ALSO all men, joining hands as in double triangles (x2)
(left foot to begin setting for some dancers)
- 13-14) 1st with 3rd ALSO 5th with 4th couples – half turn (bringing 3rd and 4th couples back-to-back with partner in 2nd or 4th pos facing own side)
- 15-16) All setting **DOWN**– hands joined as in Bars 11-12
(left foot to begin setting for some dancers)
- 17-24) Right shoulder reels across
- (i) 2nd couple and 3rd man – right shoulder reel of three across in 1st pos
(begin 3rd man right shoulder to 2nd man, 3rd man finish in 2nd man position).
 - (ii) ALSO 5th couple and 4th lady – right shoulder reel of three across in 5th pos.
(begin 4th lady right shoulder to 5th lady, 4th lady finish in 4th lady position).
 - (iii) WHILE 1st couple, 3rd lady and 4th man – reel of four across in 3rd pos.
(begin 3rd lady to 1st lady also 4th man to 1st man, right shoulder to begin, then 3rd lady and 4th man omit last left shoulder through the middle and dance across the set from ends to finish – 3rd lady in 2nd lady pos, 4th man in 4th man pos.
- 25-28) 1st, 4th and 5th couples – all set on the side – hands joined
1st couple – cross down right hand to 5th pos. (4th and 5th couples move up).
- 29-32) 5th and 1st couples – set on the side - hands joined
1st couple - cross over right hand to own side

Devised by: Melva Waite for Ngaio's 50th Anniversary May 2021