When did you start dancing with Johnsonville Scottish Country Dance Club?

I started with the beginners' class of 2013.

How did you get into Scottish Country Dancing?

I've always liked dancing and did some country and Irish dancing as a child. My husband Peter saw an advertisement in the local paper one year and suggested we go along to see what it was like.

What do you most enjoy about SCD?

The music, the people – everyone is so nice and helpful and friendly, and of course the dancing – it's great exercise for the mind as well as the body.

Tell us a bit about any Scottish connections you may have.

I was born in Scotland and still have relatives there. But a large part of my heritage, from both of my parents, is actually Irish.

What sorts of activities have you been involved with at the club over the years?

I started out by just coming along each week and dancing, although I did take part in the demonstration dances at the 2015 Newlands Neighbours' Day and attended one of Rod's excellent classes one long weekend last year.

I was elected to the Committee during 2016 and am still a Committee member. I have also helped with organising the annual Summer Ceilidh by co-ordinating responses and food offerings, and now regularly help Allison in the kitchen during the mid-winter celebration.

More recently I have been briefing dances at Johnsonville as part of learning how to teach – my thanks and sympathy to Rod for his help.

What club activity stands out for you?

It's hard to pick any particular thing, but actually I rather like the normal weekly classes. I like learning new dances and we always have a great laugh over something and the atmosphere is very relaxed.

And I actually like attending the beginners classes at the start of the year as it is a chance to work on my steps without worrying too much about the dances.

Tell us something about your life outside of Scottish Country Dancing.

I retired from being an electrical engineer a few years ago after almost 42 years in the industry. Retirement hasn't gone quite as I expected – overseas travel is definitely off for a few years yet as far as I am concerned.

Currently I'm quite happy pottering around home and just doing whatever my current fad happens to be – sometimes pretending to play my keyboard (work in progress), or knitting or reading or entertaining the cat. I have a few other potential projects but they haven't reached fad status yet.

I am still a committee member of the Johnsonville Community Association Inc. so attend meetings and help with various projects and submissions as required. I also attend meditation and Feldenkrais classes, so actually I don't know how I ever had time to work.